



TEAMSTERS CANADA RAIL CONFERENCE DIVISION 320



LEGISLATIVE & PROTECTIVE DEPARTMENT(S) For Division 320 Members' Information and Guidance

March 11, 2010

Subject: Injuries or illnesses.

Dear Brothers and Sisters,

Over the years many of our members have been injured, off duty or on, or have been off work due to an illness. Some make it through the "system" of Weekly Indemnity Benefits (WIB), Employment Insurance (EI), or WorkSafeBC (WCB), CP Rail Occupational Health Services (OHS) with little or no problems at all; while others have difficulties with these claims.

One of the main reasons we are finding difficulties with claims is the requirement to seek medical attention as soon as possible. **Seeing a doctor, and getting your illness or injury documented right away can make all the difference regarding your claim.**

Please do not wait to see a doctor. If your family physician is away, or too busy, you may need to go to a walk in clinic to get things documented until you can see your own physician. Both WIB and WCB claims will likely be denied without proper medical evidence, or at least deny benefits prior to first being attended by a physician.

Please be reminded that all Weekly Indemnity Claims must be filed within 30 days of the commencement of the Disability.

You can find a link to your "[benefits at a glance](#)" on your [TCRC 320 website](#) on the benefits page.

If you are not 100% sure of your rights or obligations, please contact your applicable local Representative right away. Doing this can make all of the difference in how your claim gets processed, and handled. As your Representatives we hear all too often the heartache that is suffered, sometimes through no fault of the member, but in many cases this is exactly the cause.

Any questions on benefits, rights and obligations should be directed to your Local Chairman, or the Legislative Representative.

In Solidarity,

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